

Silver Creek Senior Center **SEPTEMBER**

1657 S Main Street PO Box 1495 Snowflake, AZ 85937 928-536-2222

Lunch Served: 12:00 – 1:00 Over 60 \$5.50 - Under 60 \$6.00 Soup and Salad Only \$3.00

Ask about our 10 Punch Meal tickets!

Partially funded by AAA NACOG & DES

The Senior Center is a designated AZ Charitable Organization.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chili Size Tater Wedges Coleslaw, Buns, Sherbert	3 Pork Tacos Lettuce and Tomato Pinto Beans Spanish Rice Bell Pepper Slices Mandarin Oranges	4 Oven Fried Chicken Mashed Potato Roasted Vegetable Rolls Jello with Pears	5 Chicken Fried Steak Parsley Potatoes California Blend Vegetable WG Roll Tropical Fruit	6 Fish Sandwich Potato Wedges Carrot Raisin Salad Roll Pears
9 Cheese Ravioli Squash Garlic Bread Applesauce	10 Chicken Cordon Bleu Rice Pilaf Squash Peas Pears	11 FB Spaghetti WG Garlic Bread Vegetable Spinach Salad Mandarine Oranges	12 DIABETIC HEALTH CLASS 12:00-1:00 Liver & Onions Meat Loaf Mashed Potatoes Brussel Sprouts WG Roll	13 OVER 60 BOX BLT Sandwich Coleslaw WG Bread Chips Fruit
16 FB <i>Chef's Choice</i>	17 BBQ Pork Sandwich Chips Coleslaw WG Roll Mellon	18 Burgundy Beef Tips Noodles Peas & Carrots WG Roll Mellon	19 Santa Fe Turkey Melt Oven Fries Orange Glazed Carrots WG Bread Berries	20 Baked Fish California Blend Veggies Rice Pilaf WG Roll Grapes
23 FB Hamburger Gravy Mashed Potatoes Vegetables Roll Fruit Cocktail	24 Volunteer Special Day! Oven Roasted Chicken California Blend Veggies WG Roll Lemon Bars	25 Chicken Taco Salad Green Lettuce Tomatoes Shredded Carrots WG Bread Fruit	26 BBQ Meatloaf Liver & Onions Pease & Carrots WG Roll Root Beer Float	27 Navajo Tacos Pinto Beans Shredded Romaine Tomatoes Mexicali Corn w/ Peppers, Apricots
30 Chili Dogs Chips Roll Cucumber Tom Salad Brownie				

"Services are funded by the older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged & are vital for continuation of the programs. Language assistance & alternate forms of communication are available upon request. Under Titles VI & VII of the Civil Rights Act of 1964 (Title VI & VII) & the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 & the Age Discrimination Act of 1975, Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."